



Date: \_\_\_\_\_

Patient: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Allergies (Drug/Medication/Food/Environmental)	Reaction	Severity
<i>Example: Penicillin</i>	<i>Nausea</i>	<i>Moderate</i>

Medications	Dose	Frequency	Prescriber
<i>Example: Metoprolol</i>	<i>25 mg</i>	<i>1 tablet two times daily</i>	<i>Dr. John Smith</i>

*Attach additional sheet if necessary.*

Other Providers/Specialists	Specialty
<i>Example: Dr. John Smith</i>	<i>Chiropractor</i>

*Attach additional sheet if necessary.*

**Preferred Local Pharmacy:**

**Preferred Mail Order Pharmacy, if applicable:**

**Laboratory** – In the last 12 months, where have you received laboratory services? Please list Lab name(s).

Patient: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Advanced Care Planning** – Please provide a copy.

<input type="checkbox"/> Living Will	<input type="checkbox"/> POLST	<input type="checkbox"/> Advanced Directive	<input type="checkbox"/> I would like more information about Advanced Care Planning
--------------------------------------	--------------------------------	---	---

<b>History of Vaccines and Screenings</b>	<b>Yes</b>	<b>No</b>	<b>Date</b>	<b>Provider or Location</b>
Have you received a flu shot this season?				
Have you ever received a vaccine for pneumonia?				
<b>If you are over the age of 50:</b>	<b>Yes</b>	<b>No</b>	<b>Date</b>	<b>Provider or Location</b>
Have you had a Fecal test (stool card) in the last year?				
Have you had a colonoscopy in the last 10 years?				
<b>If you are Female:</b>	<b>Yes</b>	<b>No</b>	<b>Date</b>	<b>Provider or Location</b>
Have you had a mammogram in the last 5 years?				
<b>If you are Diabetic:</b>	<b>Yes</b>	<b>No</b>	<b>Date</b>	<b>Provider or Location</b>
Have you had a diabetic foot exam in the last year?				
Have you had a diabetic eye exam in the last year?				

<b>Past Medical History</b> – Check all that apply.				<input type="checkbox"/> <b>NONE</b>
<input type="checkbox"/> Allergies	<input type="checkbox"/> Benign Prostatic Enlargement	<input type="checkbox"/> Gallbladder Disease	<input type="checkbox"/> Liver Disease	
<input type="checkbox"/> Anemia	<input type="checkbox"/> Blood Clots	<input type="checkbox"/> GERD	<input type="checkbox"/> Migraine Headaches	
<input type="checkbox"/> Angina	<input type="checkbox"/> Cancer: _____	<input type="checkbox"/> Heart Attack	<input type="checkbox"/> Osteoporosis	
<input type="checkbox"/> Anxiety	<input type="checkbox"/> COPD	<input type="checkbox"/> Hepatitis C	<input type="checkbox"/> Peptic Ulcer Disease	
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Coronary Artery Disease	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Seizure Disorder	
<input type="checkbox"/> Asthma	<input type="checkbox"/> Crohn's Disease/Colitis	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Thyroid Disease	
<input type="checkbox"/> Atrial Fibrillation	<input type="checkbox"/> Depression	<input type="checkbox"/> Irritable Bowel Disease	<input type="checkbox"/> Mental Health Illness: _____	
<input type="checkbox"/> Back Pain	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Other: _____	

Patient: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Past Surgical History – Check/circle all that apply. <input type="checkbox"/> NONE					
Surgery	Year	Surgery	Year	Surgery	Year
<input type="checkbox"/> Angioplasty		<input type="checkbox"/> Cholecystectomy (Gallbladder Removal)		<input type="checkbox"/> Mastectomy	
<input type="checkbox"/> Appendectomy (Appendix Removal)		<input type="checkbox"/> Colectomy		<input type="checkbox"/> Open Reduction Internal Fixation (ORIF):	
<input type="checkbox"/> Arthroscopy Area: _____		<input type="checkbox"/> Colostomy		<input type="checkbox"/> Prostate Surgery	
<input type="checkbox"/> Back Surgery		<input type="checkbox"/> Dilation & Curettage (D&C)		<input type="checkbox"/> Thyroidectomy	
<input type="checkbox"/> Blood Transfusion		<input type="checkbox"/> Gastric Bypass		<input type="checkbox"/> Tonsillectomy	
<input type="checkbox"/> Coronary Artery Bypass Grafting (CABG)		<input type="checkbox"/> Hip Replacement LEFT RIGHT		<input type="checkbox"/> Uterine Surgery	
<input type="checkbox"/> Cardiac Pacemaker		<input type="checkbox"/> Hysterectomy		<input type="checkbox"/> Vasectomy	
<input type="checkbox"/> Carpal Tunnel Release LEFT RIGHT		<input type="checkbox"/> Knee Replacement LEFT RIGHT		<input type="checkbox"/> Other: _____	
<input type="checkbox"/> Cataract Extraction LEFT RIGHT		<input type="checkbox"/> LASIK LEFT RIGHT		<input type="checkbox"/> Other: _____	

Family History – Check all that apply.						
	Mother <input type="checkbox"/> None	Father <input type="checkbox"/> None	Sister <input type="checkbox"/> None	Brother <input type="checkbox"/> None	Daughter <input type="checkbox"/> None	Son <input type="checkbox"/> None
Alzheimer's Disease						
Arthritis						
Asthma						
Bleeding Disorder						
Blood Clots						
Cancer: _____						
Cardiovascular Disease						
Depression						
Diabetes						
Emphysema						
High Cholesterol						
High Blood Pressure						
Mental Health Illness: _____						
Osteoporosis						
Seizure Disorder						
Stroke						
Substance Use: _____						
Thyroid Disorder						
Other: _____						

Patient: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

<b>Recent Diagnostic Studies</b>	<input type="checkbox"/> <b>No Recent Diagnostic Studies</b>
----------------------------------	--

Study	Date (or approximate date)	Location
Pulmonary Function Test (PFT)		
Chest X-Ray		
CT Scan (Cat Scan) of the chest.		
Bronchoscopy		
Lung Biopsy		
Other: _____		

<b>Tobacco Use</b>
--------------------

Have you ever used Tobacco? <input type="checkbox"/> No <input type="checkbox"/> Yes		
<input type="checkbox"/> Former Smoker	<input type="checkbox"/> Current Smoker, Every Day	<input type="checkbox"/> Current Smoker, Some Days

<b>Alcohol Use</b>
--------------------

<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Formerly Drank Alcohol	Year Quit _____
<b>If Yes:</b>			
Alcohol Type	<input type="checkbox"/> Beer <input type="checkbox"/> Wine <input type="checkbox"/> Liquor <input type="checkbox"/> Other: _____	Frequency	<input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Monthly <input type="checkbox"/> Occasionally
		Quantity	<input type="checkbox"/> 1 Drink <input type="checkbox"/> 2 Drinks <input type="checkbox"/> 3 Drinks <input type="checkbox"/> More than 3 drinks

<b>Caffeine Intake</b>
------------------------

<input type="checkbox"/> No	<input type="checkbox"/> Yes	Caffeine Type	<input type="checkbox"/> Coffee <input type="checkbox"/> Soda <input type="checkbox"/> Energy Drinks <input type="checkbox"/> Other: _____
		Total cup(s) per day _____	

<b>Previous Occupation</b> – Please list your previous occupation, if applicable.
---

--

<b>Current Occupation</b> – Please list your current occupation.
--

--

<b>Current Employment Status</b>
----------------------------------

<input type="checkbox"/> Full Time	<input type="checkbox"/> Part Time	<input type="checkbox"/> Active Military
<input type="checkbox"/> Retired	<input type="checkbox"/> Disabled	<input type="checkbox"/> Unemployed
<input type="checkbox"/> Other: _____		

Patient: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

<b>Education</b> – Please list your highest level of education.

<b>Marital Status</b>				
<input type="checkbox"/> Single	<input type="checkbox"/> Married	<input type="checkbox"/> Domestic Partner	<input type="checkbox"/> Divorced	<input type="checkbox"/> Widow/Widower

<b>Children</b>			
<input type="checkbox"/> No	<input type="checkbox"/> Yes	Number of Sons _____	Number of Daughters _____

<b>Housing Status</b>		
<input type="checkbox"/> Permanent	<input type="checkbox"/> Temporary	<input type="checkbox"/> Unstable/Homeless

<b>Residence</b> – Patient lives with:		
<input type="checkbox"/> Spouse or Domestic Partner	<input type="checkbox"/> Son	<input type="checkbox"/> Daughter
<input type="checkbox"/> Alone	<input type="checkbox"/> Assisted Living Facility:	<input type="checkbox"/> Other:

<b>Exercise</b>	
Type: _____ _____ _____	Frequency <input type="checkbox"/> Occasional <input type="checkbox"/> 2-3 times a week <input type="checkbox"/> 4-5 Times a week <input type="checkbox"/> Daily

<b>Communication Needs</b>	<b>Yes</b>	<b>No</b>
Do you have difficulty with hearing?		
Do you have difficulty with your vision?		
Have you had difficulty remembering things that have happened recently?		

<b>My Personal and Lifestyle Goals</b> – Check all that apply.	
<input type="checkbox"/> Eat a healthier diet	<input type="checkbox"/> Get regular physical activity
<input type="checkbox"/> Achieve/maintain a healthy weight	<input type="checkbox"/> Maintain a cheerful, hopeful outlook on life
<input type="checkbox"/> Get adequate rest daily	<input type="checkbox"/> Other:
I believe I am not meeting my lifestyle goals because: _____ _____	

<b>Exposure</b> -- Check all that apply.		
Have you ever been exposed to any of the following:		
Mold? <input type="checkbox"/> Yes <input type="checkbox"/> No	Asbestos? <input type="checkbox"/> Yes <input type="checkbox"/> No	Farm Animals? <input type="checkbox"/> Yes <input type="checkbox"/> No
Do you have any pets or birds? <input type="checkbox"/> No <input type="checkbox"/> Yes Types: _____		
Have you traveled out of the state in the last 6 months? <input type="checkbox"/> No <input type="checkbox"/> Yes Area: _____		

Patient: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Substance Use		
<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> Former substance user

### Epworth Sleepiness Score

**Directions:** On a scale of 0 to 3, how likely are you to doze off or fall asleep in the situations described below, in contrast to just feeling tired? This refers to your usual way of life in recent times. If you have not done some of these things recently, try to imagine how they would affect you.

**0** = I would **never** doze off.

**1** = There is a **slight** chance I would doze off.

**2** = There is a **moderate** chance I would doze off.

**3** = There is a **high** chance I would doze off.

Situation	Chance of Dozing			
	0	1	2	3
Sitting and reading				
Watching TV				
Sitting, inactive in a public place, such as a theatre or a meeting				
As a passenger in a car for an hour without break				
Lying down to rest in the afternoon when circumstances permit				
Sitting and talking to someone				
Sitting quietly after a lunch without alcohol				
In a car when stopped for a few minutes in traffic				

*I certify that the information provided is correct to the best of my knowledge.*

 \_\_\_\_\_  
 Signature

 \_\_\_\_\_  
 Date

 \_\_\_\_\_  
 Print Guardian Name (if other than patient)

 \_\_\_\_\_  
 Relationship